



# Special Program (ASAT)

Adolescent "Substance Abuse Toolkit"

## Adolescent "Substance Abuse Toolkit" Special Program (ASAT)

**Target population:** Adolescents ages 14-18 who are on the fringes of substance abuse and need some education, information, and assessment in relation to substance use before it gets to be a more serious issue. This is meant for adolescents who have been engaged in marijuana use, have been caught taking pills from their parent's medicine cabinet, or have some alcohol use or minimal to moderate drug use are not yet in full addiction.

**Program Concept:** This will be a 10-day program offered between December 1 and December 31. Services will include:

- Assessment of current substance use
- Psychoeducational groups to educate youth about various substances, dangers, and addiction cycle
- Process groups
- Triggers to addiction and negative behaviors
- Making positive choices – avoiding peer pressure to use
- Individual therapy
- Multi-family group (via Zoom) 2X during the ten days
- Introduction to 12 Steps
- Stress management

**Cost:** The self-pay cost for the ten days is \$3000.00. Insurance may be billed but, due to the lack of medical necessity, it is doubtful insurance will pay anything other than PHP.

Our family is right here to help yours

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